



CCRS OF MANITOBA PRESENTS:

ARISE

"Arise, shine; for your light has come,
and the glory of the Lord has risen upon you."

Isaiah 60:1

PART OF CCRS AAA SENTINEL PROGRAM

MONDAY TO SATURDAY - STARTING JANUARY 6, 2025 @ 5AM CST
PRAY THE ROSARY - DAILY MASS READINGS - 30MIN OF PHYSICAL ACTIVITY

ARISE + ABIDE + ALIVE

REGISTER: WWW.CATHOLICRENEWALSERVICES.COM OR 204-895-7544